

## COMMITTEE MEETING

Wednesday 7th November @ 7.30 PM

VENUE: Classroom above Fitness Suite, Hinchingsbrooke School\*

### AGENDA v3.0

- |    |   |                 |
|----|---|-----------------|
| 1  | APOLOGIES   | Stuart          |
| 2  | MINUTES OF THE LAST MEETING   | Stuart          |
| 3  | MATTERS ARISING   | Claire          |
| 4  | CLUB MENTORING – see <b>Note 1</b><br><i>Committee Decision: Whether to set up mentoring</i>  | Andy            |
| 5  | ADVANCE PERFORMANCE VOUCHER £179.88<br><i>Committee Decision – what to spend it on (expires on 1/12/12 so we need to decide quickly)</i>        | Lucy            |
| 6  | KIT: Tri Kit and Leisurewear (Gareth), Running Vests (Claire) - see <b>Note 2</b><br><i>Committee Decision - approve kit; consider subsidy.</i> | Gareth / Claire |
| 7  | EA PRICE RISES - see <b>Note 3</b><br><i>Committee Decision: affiliation for 2013, e.g. EA vs. ARC</i>  | Stuart          |
| 8  | THURSDAY NIGHT RUNS (Costs vs. Attendance)<br><i>Committee Decision: continuing to pay for Thursdays? Use for Beginners' Course?</i>            | Stan            |
| 9  | 2013 CROSS COUNTRY CHAMPIONSHIPS – BRJ FUNDING<br>– see <b>Note 4</b><br><i>Committee Decision: whether to fund</i>                             | Mike            |
| 10 | SELECTION OF NAME FOR LADIES ROAD RUNNING CHAMPIONSHIPS AWARD – see <b>Note 5</b><br><i>Committee Decision: select a name.</i>                  | Mike            |
| 11 | BRJ FROSTBITE. Course map required - see <b>Note 6</b><br><i>Committee Decision: Locate the map</i>   | Mike            |
| 12 | INSURANCES<br><i>Committee Decision: select volunteer(s) to compare the Tri and running insurance, and to provide a summary of cover</i>        | Claire          |
| 13 | DATES: (1) Xmas Grafham Run (2) Secret Santa<br><i>Committee Decision: select dates.</i>  | All             |
| 14 | CLUB FINANCIAL FORECASTING  | Claire          |
| 15 | HUNTINGDON PARK RUN   | Suzie           |

16	CYCLING SAFETY	Claire
17	WEBSITE	Claire

\*Directions: As you enter the school site, the sports hall is the building to the left as you look at the swimming pool. Follow the playground off to the left as the entrance is around the other side of the hall. As enter the front door, follow the corridor to the left until you reach the end, turn right through the double doors and then left up the stairs to the classroom.

Dates of next meetings:

- January 9th (one week late because of holiday season)
- March 6th (just before the AGM)

Reports and details on following pages...

## **NOTE 1: CLUB MENTORING**

The mentoring scheme is basically a few members from the club who will act as mentors for others who may need help and support within the club.

This is not a coaching role and does not need any specific qualification, you just need to be a good listener and have a willingness to help others.

The mentor does not need to give up much of their time as its purely a first contact point for members who might be a little stuck with their training, returning from injury and wants a run partner, a member who wants some ideas on where to get kit, where to find a coach, the mentor could then direct them in where to go or find someone who can help them.

Hopefully having dedicated people doing this role will give our members comfort that we are looking after them and have their best interests at heart.

Hope that makes sense and you get the picture of the role, due to the size of the club and the amount of members we never see this role might be able to persuade people to return to running with the club again....it also will help prevent people leaving due to lack of support within the club.

Think of it as a BRJ ambassador.

We need to committee to vote on if this role would be an asset to the club and its members.

Andy

## **NOTE 2: KIT**

Tri kit preferred supplier identified for recommendation to committee (Kiwami)

- Samples were viewed and tried on by a number of members.
- Images of kit with club name are available.
- Sponsorship from Tri Sports Plus has been requested and waiting to hear from Vivian.
- Would like the club to consider subsidising initial kit order from funds created through the tri section
- Assume tri kit should be released for sale in Feb/March in time for duathlon season

Leisurewear provider has submitted some samples for viewing at the meeting

- Good value, looks good (prices to be explained at meeting)
- No minimum order quantity
- Can assist in the creation of some special items for 25th next year
- 10% of first order value donation to SANDS
- Could offer leisurewear pre-Xmas to enable it to be considered for presents!

### **Summary of prices:**

Tri kit:

- Suits - €99, €124, €144 (£80-£115)
- Top - €59 (£47)
- Tri shorts - €59

Printing €5 per print (€5-20/suit depending on what we want)

Discount 5% 10-29 items; 10% 29+ items

Leisurewear examples to show the committee:

- Hat £5.75
- Hoodie £24.50
- Race jacket £29.50
- Technical t-shirt £12.50

Gareth

### NOTE 3

#### England Athletics price rises.

The price rises are summarised here:

<http://www.englandathletics.org/page.asp?section=1743&sectionTitle=2013-17+Affiliation>

Over the next 4 years our club affiliation fee will be held at £50.00. However, the individual affiliation fee will rise from the current £5 to £10, starting in 2013. This rate excludes track and field events i.e. it is only valid for road and cross country running.

Our individual affiliation fee is voluntary - you can join BRJ without it.

An alternative to EA is ARC, the Association of Running Clubs. There is no individual affiliation fee, but that means that you DO NOT qualify for the race affiliation discount. This is the relevant section from the ARC website FAQs:

*Are members of ARC affiliated clubs required to pay unattached levies in races organised under UK Athletics permits ?*

*In theory yes because only runners registered with England Athletics are exempt from the levy – so even if you belong to an EA affiliated club you are liable to pay the levy if you are not an EA registered runner. However, in practice, the whole thing depends on individual race organisers and many of them will be unwilling to perform the administrative chore of administering by registration numbers. And of course, the efficiency of the registration scheme so far poses questions about the whole arrangement. As more races take out ARC permits the importance of the question will recede.*

The annual affiliation fee to ARC is £232.

Some clubs, e.g. Stamford Striders, affiliate to BOTH. However, in the case of Striders individual runners can pay their EA affiliation fee if they want a race licence. Apparently not many chose to affiliate.

**NOTE 4:****CAMBS AA CROSS COUNTRY CHAMPIONSHIPS (6 JANUARY 2013 – St NEOTS)**

In the 2012 event, in which the BRJ secured 3rd Ladies Vet Prize, the Club funded the entry fees for all those senior members (a sum of £25) that wanted to represent the club at county level. There is already interest being shown by the membership in participating in the 2013 event.

Assuming that we have sufficient volunteers to enter both a Mens (Min 6) & Ladies teams (Min 3) it is again requested that the club fund these entries. An investment of a min of £22.50 (9 x£2.50) is required.

**ACTION:** Committee to decide if Entry Fees will be centrally funded for the 2013 event.

**NOTE 5:****NAMING OF NEW “LADIES” AWARD FOR THE BRJ ROAD RUNNING CHAMPIONSHIPS**

At the last Committee Meeting , Lucy Moore’s proposal to purchase a Ladies Only award for the Road Running Championship was agreed. A number of members have put forward suggested names for this award and a decision is now needed whether to select a name (or agree another if the others are unsuitable). Need a decision by end December latest. Names suggested to date are:-

- i). Marg Barr Award
- ii). Sam Burrows Award
- iii) Esther Cotton Award
- iv). Pete Galpin Award
- v). Alan Hannibal Award
- vi). Fred Whymark Award
- vii). Club Captain’s award

**ACTION:** Committee to discuss the merits of the suggestions and agree way forward

**NOTE 6:****UPDATE ON BRJ FROSTBITE (3RD MARCH 2013)**

The Race Permit requirements for even “Closed” events such as the Frostbite League has recently been made much more stringent. As part of the new process, each event must have an independent “Adjudicator”. Eammon Dorling (Thorney AC) has agreed to undertake this role for our event. As well as being involved in the Permit Application Process, Eammon will have to “sign-off” the event on the day to make sure it fully complies with the various medical, safety & other requirements. No Signature / No Race! A provisional Permit has been granted and this application goes before the full Regional Adjudication Panel later in the year (Mid-Dec).

As part of its deliberations, the Regional Panel need to view the proposed Course(s), as does the Warden at the Country Park. I have a few BRJ members standing by to adapt the Hinchingsbrooke Park course used in 2011 for a start / finish in the School HQ, but we have yet to receive the Course Map.

**ACTION:** The map of the previous Hinchingsbrooke Park Course needed ASAP so that details of the “Adapted” course can be forwarded to the Regional Permits Panel .

# REPORTS

## MEMBERSHIP REPORT

As of 26 October membership is as follows:

	26 October 2012	12 June 2012	30 March 2012	October 2011
Total membership	214	192	235	
Senior with Race licence	97	86	109	
Combined Senior & Swim	57	54	47	
Senior with out licence	13	11	10	
Swim only	16	15	14	
Junior	26	21	25	
Social	0	0	2	
Honorary	2	2	2	
Life	3	3	0	
Beginner	0		25	

## Membership Cards

I will use the same principle as Andy does for swim cards. Only reason not done – time.

## Triathlon

20 of our members are members of BTF  
65 of our members have taken part in a triathlon  
70 of our members say they will do a triathlon in the next year

Alice

## SOCIAL REPORT

Hi everyone, since we last met I have continued with plans for the adult xmas party with 80 booked to go. We've organised and advertised an afternoon party for the kids. we have a willing victim to play santa and with only 6 kids booked so far im hopeful for more, lots of people dont know xmas plans yet and im sure like the bbq it will attract late yes's. ive created the BRJ run and tri page on Facebook with a view to this becoming the more official face of the club on fb replacing the organisation group. I've added the social events to the new website.

Mel

## TRI REPORT

Monday night swimming still remains popular with new interest in the sessions most weeks, breaking even again this block.

Spin sessions are fully booked and paid up in advance and making a little money.

I am still waiting for Gillian to give me a final breakdown of profit from duathlon but predict it will be around £400. If I get it soon will let you know.

(to be put aside for next years race along with the £200 left out of the funding from BTF for the aquathlon)

Planning our coaching and development plan for next season now. With Gillian and Gareth on their L2 tri courses we will have the manpower to build and develop our tri coaching section for the new year, plans in the pipeline are:

- Another swim night for advanced swimmers- probably Thursday due to the availability of pool...will only have 2 lanes and keep it to small numbers to see how it goes, this swim night will be through the winter only and will stop when open water starts...in talks with HBK about cost and structure.
- Run skills workshops and drill sessions.
- Transition training.
- Brick training.
- Bike handling skill sessions.
- Open water coaching for beginners.

### **Races**

- Duathlon is booked for 2013 date is 29th Sept @Abbots Ripton again.
- Aquathlon sorting out date and structure but next year there will probably be two distances and open to younger age-group.
- Talking to HBK park regarding an open water swim race.
- Looking into an off-road triathlon.

Will keep you updated with the progress of races.

Thanks

Andy Matson